

# Bryonia (bry.)

Wild Hops, Cucurbitaceae

brain burst through the front of head;  
worse for eyes moving

*"Just lost my train of thought!!!"*

*"My business is growing..."*

tongue white/ yellow

Left sided

## Helpful for:

Abdominal pain  
Acute back spasms  
Sciatica  
Coughs  
Colic  
Fever with chills  
Gas, heartburn, indigestion  
Headaches  
Flu with pains  
Sprains, ligament pulled

worse for: MOVEMENT,  
light touch, sympathy, warm room,  
sudden change in weather,  
thunderstorm, eating, sitting up,  
noise, people! MORNING 9AM

better for: pressure, drinks, rest,  
lying on painful side, fresh air

Mind: wants to be left alone, irritable,  
do not like to be intruded upon, angry,  
dull of mind/ weakness of mind, anxious,  
insecure, interchangeable, oversensitive  
to environment

EGO- HIGH IQ

ANXIOUS

DRY: cough, mucus membranes

Constitution: control, talks  
about business, fear of poverty,  
like detail, emotionally hard to  
give, vulnerable, materialistic,  
lack of social contact,  
'salt of the earth'

stone in stomach  
stool; large; dry

*"Work is not a curse; it is the prerogative of  
intelligence, the only means to manhood  
and the measure of civilization.  
Savages do not work." Coolidge, C.*

sprains, ligament damage

