

Lycopodium (Lyc.)

Wolf's claws, club moss, chief ingredient in coal

dread of solitude; wishing no company

fears; failure, interview, responsibility expectations, exams

Dictatorial Chilly

High I.Q Intellectual

Mind:

two minds; 1. strutter 2. wimp 3. average Lyc. big ego, witty and sharp, cutting, it's a 'show', hidden anxiety, inadequacy, lack of confidence, makes mistakes in writing, irritability, weeps when thanked, aversion to children, haughty, cuts emotional ties easily

Liver problems; awakes 4am

Children: self confident, self willed, grounded attitude, moves away from confrontation, backs off, "I didn't mean to do that!" Arrogant a way Sulphur is NOT.

sexual prowess

INFLATED EGO

MALE

BOSSY

worse for: 4-8pm, full moon, pressure, oysters, starchy foods, cold foods, anticipation

better for: warm drinks, open air, emptying bladder, motion, warmth of bed



Lined brow

Grey hair

Yellow/ grey skin with blue circles under the eyes

Appearance; slim, narrow chest, babies look older, swollen abdominal

DRY skin; souls of feet and hands

anaemic

Sinking sensation in Epigastrium

Chilly; better for open air

POOR NUTRITION

swollen, tympanic stomach; bubbling; full of wind, colic pain, hunger at night 'canine' more they eat more hungry they are **worse for:** cabbage, starchy foods, bread, onions, coffee, oysters, vegetables

Renal system; red sand grains in urine

CONSTIPATION

hard and knotty

TWITCHING, jerking and cramping (in legs) at night

Aliments from; humiliation, anticipation of events

One foot burning hot and the other cold in bed

RIGHT SIDED

to left extension

